

Celebrate National Autism Awareness Month with Us – The Sensory Gang!

Tips for the Week of April 1st



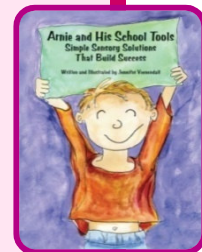
A Tip for Parents

Homework ...

Let your child swing or participate in a sensory activity before he starts homework. This will increase his ability to focus on the homework.

- Holly Reycraft

Find out about other sensory activities that increase attention and focus in *Arnie and His School Tools: Simple Sensory Solutions That Build Success* by Jennifer Veenendall and *My Sensory Book: Working Together to Explore Sensory Issues and the Big Feelings They Can Cause: A Workbook for Parents, Professionals, and Children* by Lauren Kerstein.



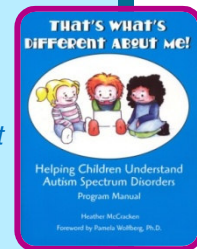
A Tip for Professionals

Informing and Teaching Peers About ASD ...

Provide inclusive programs and activities to promote an understanding of the characteristics of autism in an age-appropriate, fun and sensitive manner.

- Heather McCracken

For lots of ideas on how to "demystify" ASD, see *That's What's Different About Me! Helping Children Understand Autism Spectrum Disorders* by Heather McCracken. This brilliant program has been used in the United States and Canada to teach thousands of children about autism.



A Tip for Adults on the Spectrum

Making Mistakes ...

Just because you make a mistake or have an accident does not indicate a lack of intelligence. It simply means that you made a mistake or had an accident.

- Mark Haines (adult on the spectrum) and Leslie Blasco (spouse and parent of loved ones on the spectrum)

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