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How to Survive Middle School: Tips from Haley Moss

Overland Park, Kan., (March 1, 2010) – Young artist Haley Moss knows that middle school can be rough. In her new book, *Middle School: The Stuff Nobody Tells You About*, Haley wrote an extensive “survival guide” for succeeding in middle school, a time she found particularly difficult because of her autism. The book is the latest release from Autism Asperger Publishing Company (www.asperger.net), a leading publisher of books about autism, Asperger Syndrome and related pervasive developmental disorders.

At just 15 years old, Haley is already an accomplished artist. Her work has been featured around the Miami area at such places as ArtCetera (www.artceteraboca.com), Grove Pop Art (www.grovepopart.com), and the Hertz Jewelers Gallery Experience (www.hertzgalleryexperience.com). She also donated a piece to the University of Miami/NSU Center for Autism and Related Disabilities, which sold for \$1,200 at auction.

Most recently, Haley’s constant desire to express herself creatively and to help others with autism succeed led her to write *Middle School: The Stuff Nobody Tells You About*. In her book, Haley covers every aspect of middle school, from lockers to lunch and new classes to new friends. To balance out Haley’s personal experiences, there is also advice from middle school teachers and other girls on the autism spectrum.

“I would like to share my experiences and give you some advice so that your middle school years may be easier for you,” Haley writes. “I spearheaded the expedition, so to speak. I hope you can learn from my mistakes, admire my successes and try to do the right things and make good choices for yourself.”

For more information on *Middle School: The Stuff Nobody Tells You About*, or to arrange an interview with Haley Moss, please visit www.asperger.net or contact Carly Halvorson at carly@asperger.net. *Middle School* is one of more than 100 titles from Autism Asperger Publishing Company about autism and related disorders.

About Haley Moss: Haley Moss was born in Boca Raton, Florida, and was diagnosed with high-functioning autism at the age of 3. Her prognosis was not promising. However, Haley has defied all odds and now is a student at one of the top private schools in the nation. Now 15, Haley is a sophomore in high school and wants to help kids in the autism spectrum get through daily challenges, both socially and academically. She enjoys being able to give back to the autism community through sharing her experiences and artwork.

About Autism Asperger Publishing Co.: Established in 1999, the mission of the Autism Asperger Publishing Company (AAPC) is to be the first source for practical solutions related to autism, Asperger Syndrome, and other pervasive developmental disorders. AAPC is an independent publisher, targeting professionals and parents alike. It strives to offer publications at affordable prices so that important resources will not be off limits to anyone with an interest in the autism spectrum.

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